

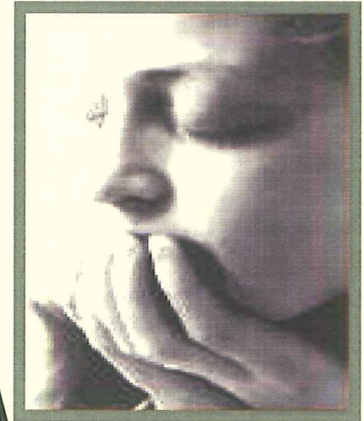
Hospice of Kona invites our Community to attend....

Circle of Life Grief Support

Six Week Support Group
Wednesdays

August 18, 25, September 1, 8, 15, 22
5:30~7:00pm

Will help those people who have been in the grief process and are now ready to put energy into their outward life. The program helps participants to reflect on life choices and behaviors and to help support them in attaining their health and new life goals



OTHER SUPPORT GROUP OPTIONS

Grief Explorations

Six Week Support Group
Wednesdays

September 29, October 6, 12, 20, 27, November 3
5:30~7:00pm

"Those Who Have Lost a Child"

First Thursday of Every Month
5:30~7:00pm

Annual "Circle of Remembrance" Memorial Service for all
in our Community
November 11th

Special Evening "Grief and the Holidays"
November 17th & December 16th

All groups are free of charge and are held at:

Hospice of Kona's
Community Services Center
75-5925 Walua Rd, Kailua-Kona, HI 96740

RSVP to Dana at 443.2905

Dana Moody, MA
Director of Bereavement Services
dmoody@hospiceofkona.org

Learn about how loss & grief may be affecting your life, options for making changes, and possibilities for future exploration.

COMING UP

Creativity and Grief Workshops

Use of Writing and Journaling in
Healing Grief
Saturday, May 1st



Use of Collage or Paints in
Healing Grief
Saturday, August 7th



Use of Crafts and Rituals in Healing
Saturday, November 6th



All Saturday workshops will be held
9:00a.m. ~ 12noon

